Important note: This document will be updated periodically. The most current version is available at http://cisnet.cancer.gov/profiles. Note that unlike most PDF documents, the CISNET model profiles are not suitable for printing as they are not typically written or read in sequential fashion.

We recommend you let your interests guide you through this document, using the navigation tree as a general guide to the content available.

The intent of this document is to provide the interested reader with insight into ongoing research. Model parameters, structure, and results contained herein should be considered representative but preliminary in nature.

We encourage interested readers to contact the contributors for further information.

Go directly to the: Reader's Guide.
READERS GUIDE

Core Profile Documentation
These topics will provide an overview of the model without the burden of detail. Each can be read in about 5-10 minutes. Each contains links to more detailed information if required.

Model Purpose
This document describes the primary purpose of the model.

Model Overview
This document describes the primary aims and general purposes of this modeling effort.

Assumption Overview
An overview of the basic assumptions inherent in this model.

Parameter Overview
Describes the basic parameter set used to inform the model, more detailed information is available for each specific parameter.

Component Overview
A description of the basic computational building blocks (components) of the model.

Output Overview
Definitions and methodologies for the basic model outputs.

Results Overview
A guide to the results obtained from the model.

Key References
A list of references used in the development of the model.
**MODEL PURPOSE**

**SUMMARY**
This document describes in broad terms, the purpose(s) for which this model was developed.

**PURPOSE**
Trends in colorectal cancer incidence and mortality and the (potential) impact of interventions depend on many kinds of factors related to the biology of the adenoma-carcinoma sequence, the characteristics of the population, and the potential impact and usage of primary prevention, early detection and treatment. A simulation model is a helpful tool to estimate the effect of each of the listed factors on cancer incidence and mortality. MISCAN-Colon is developed to analyze trends in colorectal cancer due to changes in lifestyle, improvement of treatment and implementation of screening strategies.

The purpose of MISCAN-Colon can be described in three specific aims:

1. to simulate colorectal cancer incidence and mortality according to observed figures
2. to estimate the absolute and relative contribution of CRC cancer screening, risk factors and improved therapy on observed cancer incidence and mortality trends
3. to predict how changes in lifestyle, CRC screening and treatment practices will impact on future incidence and mortality

The development of colorectal cancer is based on the adenoma-carcinoma sequence of Morson¹ and Vogelstein² and is an important underlying assumption of the model.

**REFERENCES:**


MODEL OVERVIEW

SUMMARY
MISCAN-Colon is designed to analyze trends in colorectal cancer. MISCAN-Colon is a micro-simulation model, consisting of three parts:

- demography part
- natural history part
- screening part.

Based on assumptions on trends in demography, risk exposure, natural history, treatment, screening dissemination and impact of screening MISCAN-Colon simulates cancer incidence and mortality by stage, age and calendar year.

PURPOSE
MISCAN-Colon is developed to analyze trends in colorectal cancer due to changes in lifestyle, improvement of treatment and implementation of screening strategies. See Model Purpose for more details.

BACKGROUND
The MISCAN computer program has been used for simulating cancers of breast, cervix, colon and prostate. MISCAN-Colon will simulate a population of persons in which colorectal cancer and its precursor lesion, the adenomatous polyp, develop, resulting in "clinical" diagnosis, treatment, and possible death from this disease. Different assumptions on risk exposure and treatment and their influence on cancer incidence and mortality can be simulated. The output of the program can be used among others to compare situations with and without screening, or different screening policies with each other.

By combining demographic and epidemiological information from the SEER program, information on lifestyle and risk factors and information on screening dissemination, we will gain insight into what extent the observed trends in incidence and mortality of colorectal cancer can be explained by screening. Also the effects of other factors as changes in treatment and lifestyle (risk exposure) will be studied. Using the knowledge gathered during the project, MISCAN-Colon will reproduce the total US population to predict effects of future cancer control strategies on population level. The results may be used for public health policy making.

MODEL DESCRIPTION
The basic structure of MISCAN-Colon is illustrated in figure 1. It describes the way in which effects of risk exposure and improvement of treatment are modeled and how effects of different screening strategies are estimated. By running MISCAN-Colon on different assumptions on for example risk exposure, the effects of risk exposure on cancer incidence and mortality and optimal screening policy can be evaluated.
MISCAN-Colon is a micro-simulation program, generating individual life histories. MISCAN uses the Monte Carlo method to simulate all events in the program. Possible events are birth and death of a person, adenoma incidence and transitions from one state of disease to another.

Figure 1 clearly demonstrates that MISCAN-Colon consists of three parts:

- demography part
- natural history part
- screening part

These parts are not physically separated in the program, but it is useful to consider them separately.

MISCAN-Colon first generates a series of individual life histories in the demography part to form a population according to the Demography Parameters (e.g., the life table). Each person in a population consists of a date of birth and a date of death of other causes than colorectal cancer.

Subsequently the Natural History Component part of MISCAN-Colon simulates colorectal cancer histories (natural histories) for each individual life history separately. We based our natural history model on the adenoma-carcinoma sequence of Morson and Vogelstein. This means that adenomas are generated according to a personal risk index and an age-specific incidence rate, resulting in no adenomas for most persons and 1 or more adenomas for others. Some of these adenomas develop into colorectal cancer, depending on the Natural History Parameters. The development from adenoma into cancer covers different stages. Each disease state represents a state in a Markov process. This is a generalized Markov process in the sense that

- other than exponential distributions in each disease state are possible,
- distributions are age dependent
- distributions are calendar time dependent
- intervention by screening is possible
The survivorship of a person is generated according to the Survival Parameters, once an adenoma has developed into clinical colorectal cancer.

The life history of each person is altered according to the natural history that is simulated for that person. This means that the state a person is in is the same as the state of the most advanced adenoma or carcinoma he has. If he dies from colorectal cancer before he dies from other causes, his death age is adjusted accordingly. This procedure is explained in figure 2a. In this example the life history of a person is shown who develops two adenomas. One of these adenomas develops into a cancer and causes death before the age of death from other causes. The combination of life history without colorectal cancer and the development of adenomas is shown in the bottom line: combined life history for colorectal cancer.

**FIGURE 2A: Modeling natural history into life history**

In the third part of the program, screening for colorectal cancer is simulated. After the life history of a person is adjusted for colorectal cancer, the history will now be adjusted for the effects of screening. The screening part is simultaneously run with the natural history part, making detection of adenomas and carcinomas in different states possible. The aggregated changes in life history constitute the effectiveness of the screening. The effect of screening on life history is explained in figure 2b.

The top line in this figure is the combined life history for colorectal cancer from figure 2a. The development of the separate adenomas is shown in the second and third line. In this picture there is one screening intervention. During the screening both prevalent adenomas are detected and removed. This results in a combined life history for colorectal cancer and screening (bottom line), where the person is adenoma-carcinoma free after the screening intervention. The effect of screening is now equal to the lifeyears gained by the screening intervention.
The effects of different screening policies can be compared by applying them to identical natural histories. If one is solely interested in modeling the natural history of disease, the screening part is not necessary.

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ASSUMPTION OVERVIEW

SUMMARY
Summarizes the assumptions used in the present version of the MISCAN-Colon model.

BACKGROUND
A model is defined as a simplified representation of a complex process. Because of lack of data or to prevent the model from becoming too complicated, simplifying assumptions are made in all models.

In each of the three parts of the MISCAN-Colon program assumptions are made:

- assumptions on demography
- assumptions on natural history
- assumptions on screening.

Model validation is an important tool for testing the model assumptions. During validation we use MISCAN-Colon to simulate, for example, a trial situation and compare the observed trial outcomes with the model outputs. Discrepancies between trial and simulated outcomes are further investigated. If external reasons are not sufficient to explain discrepancies, the model parameters are re-examined. If re-estimating the model parameters does not lead to a good fit of model output and observations, the assumptions are reconsidered.

ASSUMPTION LISTING

Demography Assumptions
Demography Assumptions focus on the actuarial characteristics of the population. The following assumptions on demography are made:

- the life table differs per birth cohort
- death from colorectal cancer and death from other causes are considered independent from each other
- the age distribution of the tumor initiation rate is the same for all birth cohorts

Natural History Assumptions
Natural History assumptions focus on the initiation, progression, and response to treatment of colorectal cancer in the model. Natural history includes assumptions on:

- Colorectal cancer development
- Adenoma incidence
- Multiplicity of adenomas
- Adenoma types
- Non-progressive adenomas
- Progressive adenomas and cancer
- Transition probabilities
- State durations
- Anatomical site of adenomas
- Survival rates
A more detailed description of the natural history assumptions can be found in Natural History Assumptions.

Screening Assumptions
Screening assumptions focus on all aspects of screening, including compliance and operational characteristics of the screening process. Assumptions are listed in detail below:

- **Sensitivity of screening** - The sensitivity for all tests depends on location, state and size of the lesion. It is also possible to assume systematic error on screening results. There can be systematic errors for certain persons or lesions.

- **Reach of screening** - It is possible to limit the reach of screening tests by indicating the probability for a test to reach certain localization in the large bowel.

- **Impact of early detection and treatment after screening** - In case of detection and removal of an adenoma, it is assumed that the adenoma is prevented from growing into a cancer. In case of detection of a cancer, we assume the same stage specific survival for screen-detected as for clinically detected cancers. For each screen-detected lesion a new survival is generated.

- **Surveillance** - MISCAN-Colon enables the user to define a surveillance-scheme after detection of an adenoma during screening or surveillance. Surveillance will be modeled according to the AGA 2003 guidelines. A description of these guidelines can be found in the next layer of the Model Profile.
PARAMETER OVERVIEW

SUMMARY
Provides a complete overview of the parameters used to quantify the MISCAN-Colon model.

BACKGROUND
The MISCAN-Colon model uses four types of parameters: demography parameters, natural history parameters, screening parameters and output parameters.

PARAMETER LISTING OVERVIEW

Demography Parameters
1. number of birth cohorts
2. proportion of the population in each birth cohort
3. for each birth cohort parameters of its birth table
4. for each birth cohort the parameters of its life table

Natural History Parameters
1. adenoma-carcinoma sequence states
2. age specific adenoma incidence rate by birth cohort
3. parameters for the distribution of the individual risk index
4. distribution of adenomas over the colorectal sites
5. probability for an adenoma to be progressive
6. parameters for the transition probability of non-progressive adenomas for each state
7. parameters for the duration distribution of non-progressive adenomas for each state
8. parameters for the transition probability of progressive lesions for each state
9. parameters for the duration distribution of progressive lesions for each state
10. correlation between duration in subsequent states
11. parameters for survival after clinical diagnosis by age at diagnosis, year of diagnosis, stage of disease and localization of the cancer

Screening Test Parameters
1. parameters for the dissemination of screening
2. reach, sensitivity, specificity of different screening test
3. dependency of test outcomes on previous test outcomes of the same individual
4. parameters for survival after screen detected diagnosis
5. surveillance after screen-detected adenomas

Output Parameters
1. adenoma states required in the output
2. age groups required in the output
3. parameters for life years in initial therapy
4. parameters for life years with terminal care  
5. number of persons to be simulated  

**Categories**

The above parameters can be divided into three categories:

- parameters that are directly estimated from available data
- parameters for which no data (or only limited data) are available
- parameters that will be varied to fit reference data

**TABLE 1** shows which parameters belong to each of these categories.

<table>
<thead>
<tr>
<th>Parameters that are directly estimated from available data</th>
<th>Parameters for which no data (or only limited data are available)</th>
<th>Parameters that will be varied to fit reference data (calibrated)</th>
</tr>
</thead>
<tbody>
<tr>
<td>demography</td>
<td>duration distribution in preclinical states</td>
<td>probability for an adenoma to be progressive</td>
</tr>
<tr>
<td>distribution of lesions over large bowel</td>
<td>transition probabilities from preclinical non-invasive states</td>
<td>individual risk index</td>
</tr>
<tr>
<td>survival after clinical diagnosis</td>
<td>correlation between durations in subsequent states</td>
<td>incidence rate of adenomas</td>
</tr>
<tr>
<td>sensitivity, specificity and reach of screening tests</td>
<td>dependency of test outcomes</td>
<td>transition probabilities from preclinical invasive states to clinical states</td>
</tr>
<tr>
<td>distribution of cancers over invasive stages</td>
<td>survival after screen detected diagnosis</td>
<td>screening dissemination</td>
</tr>
<tr>
<td>Relative risk associated with risk and protective factors</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Prevalence of risk and protective factors</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Treatment dissemination</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Hazard ratios of treatment</td>
<td>-</td>
<td>-</td>
</tr>
</tbody>
</table>

The parameters are based on literature (see: References For Model Parameters), expert opinion and SEER data.
COMPONENT OVERVIEW

SUMMARY
An overview of the major components in the MISCAN-Colon model.

OVERVIEW
As described in the Model Overview document, the MISCAN-Colon model contains three primary components: Demography, Natural History Component, and Screening.

COMPONENT LISTING

Demography Component
The demography component simulates a population of individual life histories, according to the demography parameters. The demography parameters are:

- birth table parameters (http://seer.cancer.gov/popdata)
- life table life table parameters (National Center for Health Statistics)

Each individual in the population consists of a date of birth and age of death.

Natural History Component
Subsequently, the Natural History part of MISCAN-Colon simulates colorectal cancer histories (natural histories) for each individual life history separately. Adenomas are generated according to an individual risk index and age-specific incidence rate. The age-specific adenoma incidence rate depends on exposure to risk factors and therefore varies by birth cohort. Some of these adenomas develop into colorectal cancer, depending on the natural history parameters (see Parameter Overview). The development from adenoma into cancer covers different stages. The survivorship of a person once an adenoma has developed into clinical colorectal cancer, depends on year of diagnosis, age at diagnosis, localization of the cancer, and stage of disease. The life history of each person is altered according to the natural history that is simulated for that person. If he dies from colorectal cancer before he dies from other causes, his death age is adjusted accordingly.
Screening Component
The screening component is simultaneously run with the Natural History Component, making detection of adenomas and carcinomas in different states possible. Screening in the model potentially affects all preclinical disease stages, resulting either in removal of an adenoma and preventing CRC or early detection of a preclinical carcinoma, possibly in an earlier stage resulting in a favorable stage shift and thus improved prognosis. The effectiveness of screening depends on the screening parameters (see Parameter Overview).
OUTPUT OVERVIEW

SUMMARY
Describes the outputs generated by the MISCAN-Colon model.

OVERVIEW
The MISCAN-Colon model simulates among others the Base Case outputs. In case the screening part is activated MISCAN-Colon also provides output on screening effects. It is also possible to consider quality of life. This also generates extra output.

OUTPUT LISTING
The output listing produces the final output of the model:

Base Case
1. Incidence counts by calendar year (1975-2000), location, stage and age in five year age groups
2. Mortality counts by calendar year (1975-2000) and age in five year age groups
3. Population on July 1 of each calendar year (1975-2000) by age in five year age groups
4. Adenoma prevalence by calendar year (1975-2000), location, size, sex and age in five year age groups
5. CRC prevalence counts by calendar year (1975-2000), stage, location and age in five year age groups

Screening
6. Number of invitations for screen-tests, of screen-tests, diagnostic tests, surveillance and opportunistic screen tests for each year
7. Number of positive and negative test results per preclinical state and per year
8. Total number of life years, life years lost due to cancer, number of specific deaths and non specific deaths
9. Number of screenings that prevented cancer by year of screening
10. Number of screenings that detected cancer early by year of screening
11. Number of surveillance tests that prevented cancer by year of surveillance
12. Number of surveillance tests that detected cancer early by year of surveillance
13. Number of life years gained due to screening by year of screening

Quality of life
14. Total number of life years in surveillance
15. Total number of life years with initial therapy after screen-detected or clinical invasive cancer for each state
16. Total number of life years with terminal care before death from other causes
17. Total number of life years with terminal care before death from colorectal cancer

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RESULTS OVERVIEW

SUMMARY
Describes the general results obtained from the MISCAN-Colon output.

OVERVIEW
This document describes results of MISCAN-Colon on calibration, validation and informing policy.

RESULTS LIST

Calibration
For the base case analyses we calibrated the MISCAN-Colon model to common inputs on:

- cancer incidence per 100,000 (SEER 1975-1979) by age group
- adenoma prevalence (based on a regression model) by age group
- stage distribution (SEER) by age group and location
- relative survival (based on a regression model) by stage, age group and location

Calibration was done on cancer incidence, adenoma prevalence and stage distribution of cancers. Relative survival and distribution of cancers over the colorectum was a direct input to the model.

MISCAN-Colon reproduces the base case inputs well. Only adenoma prevalence in the younger age groups.

Validation

National Polyp Study data: evidence for regression of adenomas
The data of the National Polyp Study, a large longitudinal study on surveillance of adenoma patients, is used for testing assumptions on the adenoma-carcinoma sequence. The observed adenoma and colorectal cancer incidence in the National Polyp Study were compared with the simulated outcomes of the MISCAN-Colon model of epidemiology and control of colorectal cancer for the U.S. population based on expert opinion. Variants of this model were explored in order to identify assumptions on the adenoma-carcinoma sequence that are consistent with the study observations. The high observed adenoma detection rates at surveillance and low observed colorectal cancer incidence in the National Polyp Study could only be explained by assuming a high incidence rate of adenomas accompanied by regression of adenomas. The National Polyp Study data suggest that adenoma prevalence results from a dynamic process of both formation as well as regression of adenomas. This lowers the expectations for the effects of colorectal cancer screening strategies that focus on adenoma detection.

Metasynthesis validation study of 3 randomized FOBT trials
Data of the Minnesota, Funen, and Nottingham FOBT trials were used to compare expected model outcomes and observed data on screen detected cancers and adenomas, interval cancers and mortality. All three trials are randomized controlled trials of FOBT screening where participants were offered annual screening (Minnesota only), biennial screening or usual care. All three trials have shown a significant mortality reduction ranging from 15% to 33%. Adjusting the model for differences in design and background incidence between trials, we tried to find one disease model
that simultaneously fit all three studies. Parameters varied were FOBT sensitivity and dwelling time of preclinical cancer stages. Assuming a fixed sensitivity of FOBT for all cancer stages would imply short dwelling times for the local stages, and long dwelling times for the advanced stages. Despite the short estimated dwelling time, too many Dukes A cancers were still found expected in consecutive screening rounds. Varying sensitivity of FOBT by stage gave better results for Dukes A cancers detected, but still resulted in too many Dukes A cancers found expected in consecutive screening rounds. We will next assess a model assuming that the sensitivity of FOBT for preclinical cancer is time-dependent with low sensitivity in the period shortly after the onset of malignancy and a high sensitivity shortly before diagnosis when the cancer is likely to bleed.

The Kaiser validation study
Co Ca P is a large program of sigmoidoscopy screening conducted by Kaiser Permanente of Northern California (KPNC), a large non-profit Health Maintenance Organization. We compared the model predicted and observed cancer incidence after screening to assess the assumptions for the sensitivity of sigmoidoscopy to detect adenomas and CRC. Many combinations of sensitivity and duration of adenomas were consistent with the observed findings. These assessments will be modeled subsequently when data on repeat screenings are available.

Informing policy
Healthy People 2010
Colorectal cancer is the second leading cause of cancer death in the United States, causing over 50,000 deaths each year. The Healthy People consortium acknowledged the burden of colorectal cancer and formulated the target of reducing colorectal cancer mortality from 21.2 per 100,000 in 1998 with 34% by 2010. In the present study, we used the MISCAN-COLON (3, 4) micro-simulation model to examine the possibilities for reaching the Healthy People 2010 colorectal cancer mortality goal.

We calibrated the MISCAN-Colon micro-simulation model to reproduce observed incidence in 1978 and used trends in risk factor prevalence, screening dissemination and treatment availability to model cancer incidence and mortality from 1978 until 2000. Subsequently MISCAN-Colon was used to predict future developments in colorectal cancer mortality for different scenarios of interventions on risk factor, screening and treatment dissemination. We only considered currently available technologies.

No single intervention on either risk factor behavior, screening utilization or treatment availability will succeed in reaching the Healthy People 2010 goal. Only a hypothetical intervention resulting in 100% healthy behavior, screening uptake and treatment availability results in meeting the Healthy People 2010 goal. A more realistic scenario of gradual improvement from 2005 onwards, results in reaching the Healthy People 2010 goal by 2016.

Comparison of cost-effectiveness of immunochemical and guaiac FOBT's
The Agency for Health Care Research and Quality (AHRQ) and Center for Medicare and Medicaid Studies (CMS) requested an independent assessment of the cost effectiveness of a new immunochemical FOBT (iFOBT) which was under review for reimbursement by CMS. The MSK-MISCAN Colon CISNET group collaborated with
Dr. Martin Brown of NCI to inform Medicare about the cost effectiveness ratio of iFOBT compared with Hemoccult II (reimbursed at $4.50) under different scenarios for performance and payment level of iFOBT. We found that for equal specificity of iFOBT to Hemoccult II a payment level of $7 to $13 results in the same cost effectiveness (depending on the assumed sensitivity). Even with a payment level of $28, the cost effectiveness would not exceed $4,500 per life year saved. With a specificity level comparable to that of Hemoccult Sensa, only a negative payment level would result in comparable cost effectiveness to Hemoccult II. The report was posted on the CMS website [http://cisnet.cancer.gov/reports/medicare.html](http://cisnet.cancer.gov/reports/medicare.html).

**Endoscopic Colorectal Cancer Screening: a cost-saving analysis**

The MISCAN-Colon model was used to project the benefits and costs of flexible sigmoidoscopy screening in the United States. Under certain assumptions flexible sigmoidoscopy could provide for cost-savings because the costs of screening and diagnostic follow-up are compensated by the savings in colorectal cancer treatment.

**Dutch guidelines on follow-up after polypectomy**

The MISCAN-Colon model was used to tentatively estimate the cost-effectiveness of different follow up policies after polypectomy. The estimates were based on contrasting, plausible assumptions on the natural history of colorectal cancer and its precursors and were used for revised Dutch guidelines on follow-up after polypectomy. The assumptions were based in part on the National Polyp Study recommendation that a one-year surveillance colonoscopy could be eliminated. Also we provided further supportive information by a study of patients from the Slotervaart Ziekenhuis, a hospital in Amsterdam, who were reported to the Dutch National Pathology Registry (PALGA) as having adenomas and followed over time for adenomas and cancers.

**REFERENCES:**

SUMMARY
This document describes the Natural History specifics of the model and discusses aspects of the patient's progression from a disease free state to diagnosis.

OVERVIEW
MISCAN-Colon consists of two parts: the natural history part and the screening part. At the beginning of each run a population is simulated. Each person consists of a date of birth and date of death. For each person a personal risk index is generated. Based on this risk index and the age specific incidence rate the ages at which lesions develop are generated. At the generated ages lesions start in the begin-state corresponding to the type of lesion.

The development of the lesion depends on the type of lesion (non-progressive / progressive), the transition probabilities and the duration distribution. The duration is assumed to be exponentially distributed.

The assumptions of the natural history of colorectal cancer are based on literature (see References For Model Parameters), expert opinion and SEER-data.

DETAILS
States tracked by the model
MISCAN-Colon distinguishes the following states of the disease process:

Disease free state
- no lesion

Non-progressive states
- non-progressive adenoma
- non-progressive adenoma 6-9mm
- non-progressive adenoma >=10mm

Preclinical non-invasive states
- progressive adenoma
- progressive adenoma 6-9mm
- progressive adenoma >=10mm

Preclinical invasive states
- preclinical colorectal cancer, stage I
- preclinical colorectal cancer, stage II
- preclinical colorectal cancer, stage III
- preclinical colorectal cancer, stage IV

Clinical invasive states
- clinical colorectal cancer, stage I
Temporal aspects
The possible transitions between the different states are explained in figures 1 and 2:

FIGURE 1: Non-progressive adenoma sequence

FIGURE 2: Adenoma-carcinoma sequence for progressive adenomas

All states in the above figure have a certain transition probability and duration distribution. The transition probabilities through different preclinical states are given. The transition probabilities from the preclinical states to the clinical states are based on stage distribution in SEER data. The duration distribution is assumed to be dependent on the age of a person and
location of the lesion. All durations are assumed to be exponentially distributed. We assume a positive correlation between duration in successive states.

**Key attributes**

Adenoma incidence and development depend on:

- a. age
- b. gender
- c. race
- d. location
- e. personal risk index
- f. risk factor exposure

**Adenoma localization options**

Adenomas and cancers are modeled to be continuously distributed over the bowel. In the output they are categorized according to the part of the bowel they are in. MISCAN-Colon distinguishes the following parts of the large bowel:

1. Rectum
2. Rectosigmoid + Rectosigmoid junction
3. Sigmoid
4. Descending colon
5. Hepatic flexure + transverse colon + splenic flexure
6. Ascending colon
7. Cecum

**RELEVANT ASSUMPTIONS**

The most important assumptions on natural history concern:

- development of colorectal cancer
- multiplicity of adenomas
- age dependent adenoma incidence
- existence of non-progressive and progressive adenomas
- transition probabilities and duration distribution per state

A more extensive description of the assumptions can be found in Natural History Assumptions.

The reduction in cancer incidence by screening is realized in MISCAN-Colon in two ways. First of all it is assumed that a removed adenoma will not develop into a cancer anymore. On top of that the survival rate for a detected invasive cancer is assumed to be equal to the survival rate for a clinical invasive cancer in the same stage (stage-shift).

**RELEVANT PARAMETERS**

The parameters used to simulate natural history are:

- adenoma states
- age specific adenoma incidence rate
- parameters for the individual risk index
• distribution of adenomas over the colon and rectum
• probability for an adenoma to be progressive
• parameters for the transition probability of non-progressive adenomas for each state
• parameters for the duration distribution of non-progressive adenomas for each transition
• parameters for the transition probability of progressive lesions for each state
• parameters for the duration distribution of progressive lesions for each transition
• correlation between duration in subsequent states

All input-parameters for MISCAN-Colon are described in the Parameter Overview.

Calibration
The assumptions of the natural history of colorectal cancer are based on literature (see References For Model Parameters), expert opinion and SEER-data. Not all parameters can be obtained directly from data. These parameters must be calibrated to fit actual data. These parameters include for instance age-specific adenoma incidence. The adenoma incidence will be varied until simulated adenoma prevalence and colorectal cancer incidence reflect actual data. We use in MISCAN a built-in optimization method, which is an adaptation of the Nelder and Mead Simplex Method\(^2\) to optimize these and other parameters. A complete list of parameters to be calibrated depends on data available and will be determined during the process.

Validation
Different model specifications are simulated and the output of these different models is compared to actual data. The goodness of fit of model assumptions is evaluated by the deviance, which compares outcomes of the model with actual data. The outcomes that can be evaluated are for example the cancer incidence by age, the stage distribution of clinical cancers and the prevalence of adenomas. We intend to validate the MISCAN-Colon model on different data sources in the US and Europe.

RELEVANT COMPONENTS

DEPENDENT OUTPUTS
The outputs most dependent on natural history are:

• cancer incidence
• cancer stage distributions
• cancer mortality

RELEVANT RESULTS
The results of MISCAN-Colon provide solid policy recommendations based on evaluation of simulated effects of risk factors, improved therapy and screening interventions.
REFERENCES:

NATURAL HISTORY ASSUMPTIONS

SUMMARY
This document describes the assumptions inherent in the modeling of disease initiation and progression.

OVERVIEW
Especially in modeling the natural history of disease, assumptions are made. Much of the natural history of disease is unobserved and parameters cannot be measured directly. To be able to model natural history of colorectal cancer, assumptions have to be made. The model assumptions are based on expert opinion by consensus of a group of clinical experts in the field of colorectal cancer.

See also Assumption Overview, Natural History Component

DETAIL
The Natural History Component assumptions are listed in detail below.

Colorectal cancer development
Colorectal cancer always grows from an adenoma

Adenoma incidence
It is possible for individuals to develop multiple adenomas. In the whole population risk differences are present: some people will never grow an adenoma while others have more than one. This risk difference is modeled by the introduction of a risk index for each individual. A high-risk index indicates a high probability to develop a polyp. The risk index is randomly drawn from a gamma distribution.

Adenoma incidence also varies with age. The age specific adenoma incidence rate can differ by birth cohort to reflect differences in relative risk between birth cohorts.

Adaptations in the CISNET project:
Our second approach to model the influence of risk factors exposure on the natural history of CRC is a multistage carcinogenesis natural history as described by the Moolgavkar research group. In this model, cancers arise through a process of initiation, promotion, malignant transformation and progression. Risk factor exposure can influence all four phases in this process. This alternative model structure is a new feature of MISCAN as of June 2004 and is currently used for the modeling of smoking and lung cancer (CISNET-LUNG, PI Rob Boer). Advantage of this multistage model is that it explicitly models lag-time between risk factor exposure and its effects on the initiation and further development of a lesion. Also, it allows for continuous growth of adenomas, where growth can be linked to both time since initiation and number of initiated cells.

In the CISNET project we will evaluate which of the two methods is most suitable for modeling effects of lifestyle trends on CRC. Both methods can be generalized to include different levels of risk because of familial or genetic risk.
Multiple adenomas
Development of a new adenoma in a person is assumed to be independent of the number of adenomas already present. The development of this adenoma is also independent of the development of other adenomas.

Adenoma types
MISCAN-COLON distinguishes two types of adenomas: non-progressive and progressive adenomas. The probability for an adenoma to be progressive is age-dependent.

Note 1:
· Hyperplastic polyps are not modeled because we assume that hyperplastic polyps never grow into a cancer. Since their removal has no influence on incidence and mortality they are not included in MISCAN-COLON. In a possible cost-effectiveness analysis the costs of removal of hyperplastic polyps will be accounted for.
· Flat adenomas are implicitly modeled as progressive adenomas that have short duration before developing into invasive states.

Non-progressive adenomas
Non-progressive adenomas never develop into an invasive state. These lesions can only transit through the states: adenoma =10mm. Some of the non-progressive adenomas never develop into an adenoma >=10mm.

Adaptation in the CISNET project: We are considering extending MISCAN-COLON with the possibility for non-progressive-adenomas to regress.

Progressive adenomas and cancer
Progressive adenomas are assumed to eventually develop into colorectal cancer (although a person may die from other causes before the cancer actually has developed). In this development the following states are possible:

1. progressive adenoma
2. progressive adenoma 6-9mm
3. progressive adenoma >=10mm
4. preclinical colorectal cancer, stage I
5. preclinical colorectal cancer, stage II
6. preclinical colorectal cancer, stage III
7. preclinical colorectal cancer, stage IV
8. clinical colorectal cancer, stage I
9. clinical colorectal cancer, stage II
10. clinical colorectal cancer, stage III
11. clinical colorectal cancer, stage IV

Possible transitions between the different states are explained in figure 1:
Adaptation in the CISNET project: In the CISNET project we will extend the adenoma-carcinoma sequence with extra adenoma states. These states depend on the histology in the adenoma. Possible adenomas that are added, are adenomas with high-grade dysplasia, tubular, tubular-villous and villous adenomas.

Transition probabilities
Each transition in figure 1 has a certain probability to occur. The transition probabilities can depend on age of the patient and localization of the adenoma. Transition probabilities are independent of risk exposure.

Adaptation in the CISNET project:
We will further investigate the effect of risk exposure on transition probabilities and if necessary extend MISCAN-Colon with this possibility.

State duration
All transitions above have a certain duration distribution. This distribution can be assumed dependent of age and location of the lesion. We assume all durations to be exponentially distributed. We assume a positive correlation between duration in successive states. Durations are independent of risk exposure.

Adaptation in the CISNET project:
We will further investigate the effect of risk exposure on state durations and if necessary extend MISCAN-Colon with this possibility.

Anatomical site of adenomas
For every adenoma an anatomical site is determined. The anatomical site of a new polyp is independent of the anatomical site of previous polyps. We distinguish the following sites of the large bowel:

1. Rectum
2. Rectosigmoid + rectosigmoid junction
3. Sigmoid
4. Descending Colon
5. Hepatic Flexure + transverse colon + splenic flexure
6. Ascending colon
7. Cecum

Cancer incidence for which localization is not otherwise specified is proportionally distributed over the possible localizations. The site distribution for progressive and non-progressive adenomas is assumed to be equal.

**Survival rates**
After clinical diagnosis of one cancer all adenomas and cancers in a certain person are assumed to be clinical. The model generates a stage-specific survival for the most advanced clinically diagnosed cancer. The patient dies from colorectal cancer at the moment this colorectal cancer reaches death. Survival depends on year of diagnosis, age at diagnosis, localization of the cancer and stage of disease.

**RELEVANT PARAMETERS**

**RELEVANT COMPONENTS**

**RELEVANT OUTPUTS**
Below is a list of references used in parameter estimation. For a complete list of references see: Key References.


Johnson, DA, Gurney, MS, Volpe, RJ, Jones, DM, VanNess, MM, Chobanian, SJ (1990) A prospective study of the prevalence of colonic neoplasms in asymptomatic patients with an age-related risk in *Am, J Gastroenterol* 85:, p 969-74


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